



# *ProStrata*<sup>™</sup>

*Prognostic Test*

## *Patient Guide*

According to the American Cancer Society, prostate cancer is the most common cancer in American men, other than skin cancer. *One out of every 6 men will be diagnosed with it during their lifetime.*

The median age of diagnosis is 67, however, it does occur infrequently in men in their 40's. While it is the second leading cause of cancer deaths among men after lung cancer, it is highly curable if diagnosed and treated early. Many men who have been diagnosed with prostate cancer are openly living active, healthy, and productive lives.

### *What is ProStrata?*

If you have been diagnosed with prostate cancer, your physician may also recommend the ProStrata test offered by StrataDx<sup>™</sup> – Strata Pathology Services. This prognostic test is used to identify genetic abnormalities in prostate cancer cells. The DNA of these cells can suggest if you are at high risk for developing a more aggressive form of the disease.





### *How will this test be performed?*

ProStrata™ is performed on tissue that is removed by your physician from the prostate during a procedure called a biopsy. A device will be inserted in to the rectum and placed near the prostate gland and a topical anesthetic will generally be used to reduce any discomfort.

### *How do I understand the test results?*

Your physician will notify you when the test results are available and an assessment of them has been completed. He/she may then recommend a wide variety of treatment options including “watchful waiting”, additional testing, radiation, or surgery.

### *Will insurance cover this test?*

Medicare and most private insurance companies cover prostate biopsies and ProStrata. It is always best to contact your insurance carrier to make sure there are no coverage limitations for this type of testing.

### *What exactly is prostate cancer?*

Prostate cancer is cancer of the organ in men that surrounds the neck of the bladder and urethra and secretes a liquid constituent of the semen. It is often preceded by enlargement of the gland, difficulty or frequency in urinating, or an elevated PSA (prostate specific antigen) level.

### *How can I learn more?*

To learn more about ProStrata contact your physician. Most urologists are familiar with this technology and can explain whether or not the test might be right for you.



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